

## **SATSANG**

Activities for the Whole Family















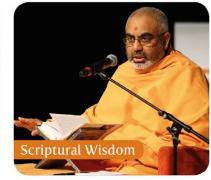
BAPS Swaminarayan Sanstha, UK



















Bring your children to learn about Hinduism through interactive games and stories, delivered by trained and skilled volunteers as well as learned swamis.

Experience the development of teenagers in your family through interactive discussion forums and discourses in English relevant to their everyday issues.

We address youths in both English and Gujarati with a strong emphasis on family values as they embark upon their life's journey.

For adults, scriptural discourses enhance Hinduism's principles and practices.

As a hub of community and family life, the attendees also enjoy warm, sumptuous vegetarian food together every week.

Beyond weekly assemblies, be sure to discover the benefits of a whole range of year-round, age-specific personal development events and activities that help mould well-rounded, responsible and confident individuals and foster civic duty, family unity and faith in God.













"I'm proud to say that the skills that have helped me become a successful dentist were learnt and honed over years of getting involved at the Mandir.

Within BAPS activities,
I've always appreciated the harmony between spirituality and day-to-day life at home and work."

— Reena Wadia





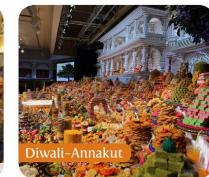












## BAPS Shri Swaminarayan Mandir

LONDON



Join us at our traditional Hindu mandir in London for a weekly dose of spiritual nourishment through our assemblies that cater to the needs of every age group.

A weekly assembly typically includes scriptural discourses, devotional singing, video shows, age-specific presentations and interactive exercises, arti, and of course a sumptuous meal.

Event	Ages	Day	Times
Toddlers' Assembly	0 to 8	Saturday	5:15pm to 6:30pm
Children's Assembly	9 to 14	Saturday	7:15pm to 8:45pm
Youths' Assembly	15 to 23	Saturday	7:15pm to 8:45pm
Adults' Assembly	24 to 40	Saturday	5:00pm to 6:45pm
Senior Adults' Assembly	Over 40	Saturday	7:15pm to 8:45pm
Sunday School with Gujarati Classes	6 to 14	Sunday	10:00am to 1:30pm
Sunday Assembly	All Ages	Sunday	5:30pm to 7:30pm

We also celebrate all the major Hindu festivals, such as Rama Navmi, Swaminarayan Jayanti, Krishna Janmashtami, Diwali and the Hindu New Year Annakut.

> If you would like to know more about our activities and how you and your family can participate, please feel free to contact us at

> > BAPS Shri Swaminarayan Mandir

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We look forward to welcoming you soon.





